

EAGLE CREEK LITTLE LEAGUE 2021 SAFETY PLAN



1. Nathanael Welch is Eagledale Little League's Safety Officer for the 2021 season and is on file with Little League International.
2. This safety plan will be distributed to all board members, coaches and the district administrator. It will also be posted in our concession stand. An electronic copy will also be posted on the league's website <http://www.eaglecreekll.com/>
3. Emergency phone numbers and Emergency Plan Emergency 911
Indianapolis Police Department (317) 327-6600 Indianapolis Fire
Department (317) 347-5860

League Officials

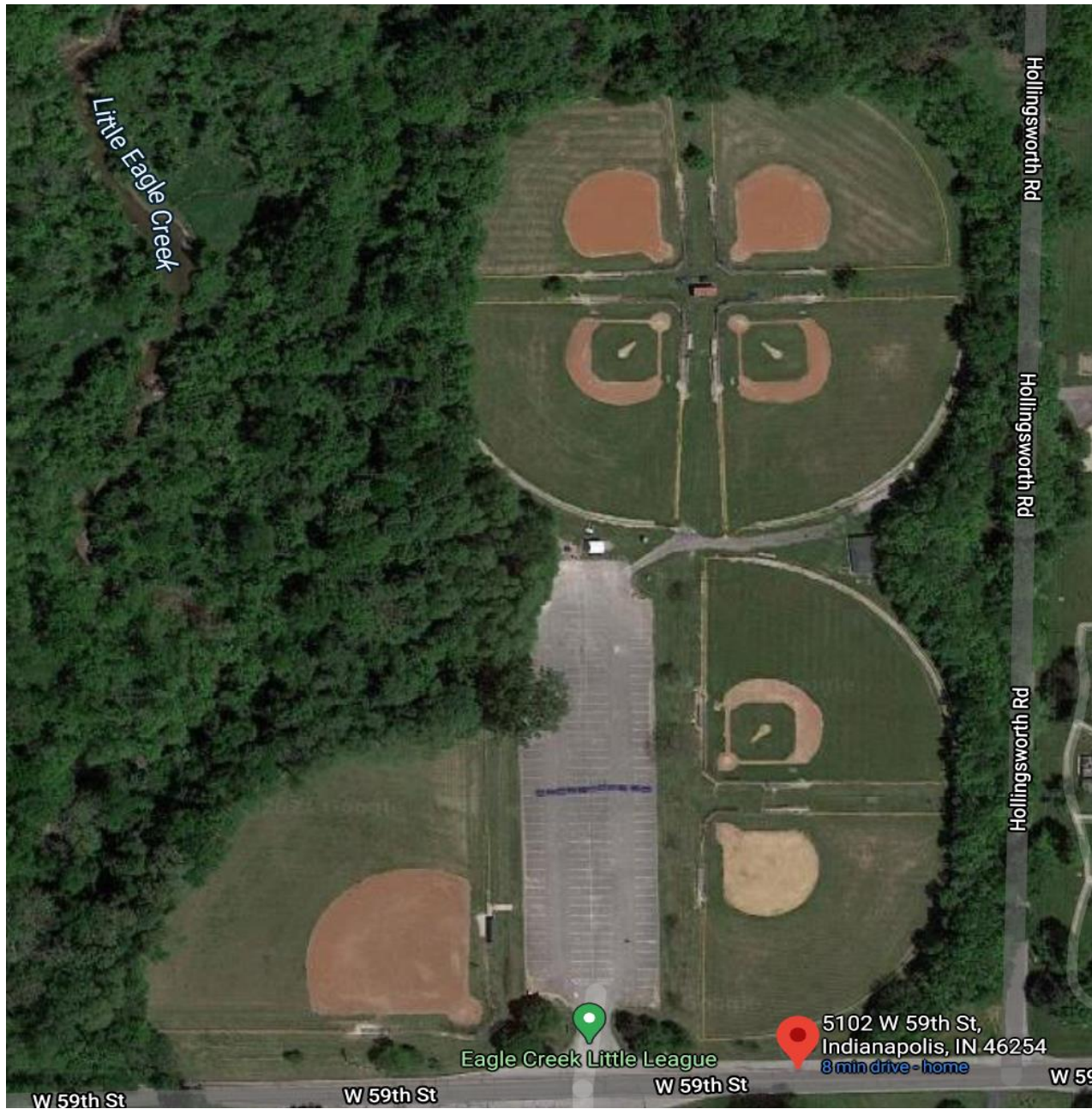
Chad Sanders	Boiler4life@sbcglobal.net	317-874-8442	League President
Andrew Hughes	andrewhughes@gmail.com	812-639-0725	League Secretary
Brian Deakyne	deakyne6@gmail.com	317-403-0380	League Treasurer
Kerry Warner	kjw1062@yahoo.com	317-409-8497	League Baseball Vice President
Clark Sigmund	clarks96@gmail.com	317-727-5643	Fundraising
OPEN			League Player Agent
Chad Sanders	Boiler4life@sbcglobal.net	317-874-8442	League Umpire-in-Chief
Wade Danforth	wadedanforth@icloud.com	317-509-4436	VP of Softball/Media Manager
Nathanael Welch	welchhome6908@comcast.net	317-501-5667	VP of Grounds/Equipment/League Safety Officer
Rebecca Welch	Welch628@yahoo.com	317-496-1628	League Photographer/Concession Supervisor

Emergency Plan

What to do in case of an emergency:

The most important help you can provide to a victim who is seriously injured is to call for professional medical help. Make the call quickly, preferably from a cell phone near the injured person. If this is not possible, send someone else to make the call.

1. Dial 911
2. Give the dispatcher good information
 - Exact location & address (ECLL address is 5102 West 59th)
 - What happened
 - How many people are involved
 - Condition of injured person (unconscious, chest pains, severe bleeding)
 - What help is being given (first aid, CPR, etc.)
3. Do not hang up until the dispatcher hangs up
4. Continue to care for the injured person until help arrives
5. Appoint someone to go to the street to wait for ambulance. This saves valuable time. Remember, every minute counts.



An accident report must be filled out by the Officer of the Day and signed by the parents, coach or any adult who witnessed the accident must also give a statement. The safety officer should be notified immediately and receive the accident report within 24hrs.

Accident forms can be found in the "Officer of the Day" book located in the main garage. All volunteers are required to fill out a 2021 Volunteer Application. Submit a background check through JDP. Parents are asked to fill out the Volunteer Application when signing their player up.

4. Fundamentals Training: National Federation of High School Safety Courses
 - a. Managers and coaches are required to complete the following course:
 - A. Concussion in Sports
 - B. Heat Illness Prevention
 - C. Sudden Cardiac Arrests

These courses are free at <https://nfhslearn.com/courses>

5. First Aid Training: TBA Eagle Creek Little League diamonds
 - a. Managers and coaches are required to attend this session.
6. Coaches will be required to walk/ inspect the fields prior to practices and Games. Umpires will also be required to walk the fields for hazards before each game.
7. Eagledale Little League has updated & completed the 2021 Facility Survey (page 4-9)
8. Food Safety & Proper Hand-washing instructions is posted in the Concession Stand
 - All concession volunteers are trained & supervised by a Concession Officer of the Day.
- A. Eagle Creek Little League Concession Stand Safety Procedures

Concession stands will be run by adults only. Those volunteers or assignees operating Eagle Creek Little League concession stand will operate such under the supervision of the Officer of the Day and/or Safety Officer. All volunteers will have the standard required background check performed.

Concession Stand Operation

Opening Procedures

- Turn on equipment (Hot dogs, nachos, and etc.)
- Get starting cash from safe into cash box
- Open serving window when workers arrive

Closing Procedures

- Turn off equipment
- Unplug coffee pot
- Ensure concession stand is **fully** stocked
- Clean all dishes/utensils
- Put AWAY Frozen Foods in storage in main garage
- Ensure concession stand is clean
- Close and lock shipping container

Grill Operation

Opening Procedures

- Pull grill to grill area
- Connect propane tanks/start heating grill
- Pull out silver table for wrapping
- Setup orange safety cones around grill
- Setup condiment table
- Prepare hot dogs/chicken for grill
- Get out tools, foil, buns, etc.

Closing Procedures

- Put grill and propane tanks away
- Put silver table and orange cones away
- Clean condiment table and put away
- Thaw hot dogs in refrigerator for next day

Concession Stand Safety

- No person under the age of 10 years will be allowed behind the counter in the concession stand. At all times, there must be an approved adult within the concession stand to provide supervision.
- People working in the concession stand will be trained in safe food preparation, safe use of equipment and approved background check.
- The Concession Manager and/or Safety Officer will provide all necessary training.

- Cooking equipment will be inspected weekly and repaired or replaced, if necessary
- All unpackaged food must be handled with paper towels or plastic wrap. Staff members must wear plastic/rubber gloves while handling raw food. All staff members must wash their hands on a frequent basis and/or use sanitizer. “If Approval from Marion County Health Department.”
- Only assigned team volunteers and concession Officer of the Day will be allowed in the concession stand. No coach, staff, or others shall loiter in the area
- Cleaning chemicals must be stored in a locked container.
- A Certified Fire Extinguisher suitable for grease and electric fires must be placed in plain sight at all times.
- All concession stand workers are to be instructed on the use of fire extinguishers.
- A fully stocked First Aid Kit will be placed in the Concession Stand.
- The concession stand main entrance door will not be locked or blocked while people are inside.
- All heating element appliances will be shut off and unplugged at the closing of the Concession stand.
- All trash shall be removed from the concession stand at the end of each day. Rubber gloves must be worn by staff while handling the trash.

9. Safe Equipment

- Equipment is inspected by the Director of Equipment prior to being distributed to the managers.
- All equipment will be inspected by the manager before every game and practice.
- Equipment will also be inspected by the umpire before each game.

11. Accident Reporting

All accidents must be reported to the Safety Officer, Nathanael Welch . Accident Reports should be given to the Safety Officer within 24-48 hours.

12. First Aid kits will be distributed to each coach with the equipment. There will be a first aid kit at every Concessions/Main Garage and Storage Containers during games. First Aid Kits will be check weekly by Safety officer.

13. Little League Safety Rules

- a. No on-deck batters
- b. Coaches may not warm up pitchers
- c. Catcher's will wear proper equipment

- d. All male players (especially catcher's) are required to wear protective cups
- e. Batter's will wear a helmet
- f. Bases will break away upon sliding

14. Qualified Safety Plan Registration form has been completed and turned in.

15. Player, Coach & Manager Data will be submitted to the Little League Data Center.



Eagle Creek Little League Covid 19 Guidelines

Eagle Creek Little League is committed to the safety of its players, families, coaches, and umpires. Eagle Creek Little League proposes implementing a number of social distancing guidelines that will help reduce exposure to and transmission of COVID-19 by placing certain restrictions on when, where, and how our players, coaches, and families interact at our facilities.

Eagledale is instituting these social distancing guidelines after making decisions about a return to play in a thoughtful manner that prioritizes the safety of our players, coaches, umpires and their families.

Eagle Creek Little League social distancing guidelines are based on guidance and recommendations from the Marion County Board of Health (MCBH), Indiana State Department of Health (ISDH), and the Centers for Disease Control and Prevention (CDC).

In the guidelines below, you will find our latest thinking on how Eagle Creek will adapt to ensure that it continues to provide a safe place for children to experience Little League.

SOCIAL DISTANCING GUIDELINES

Eagle Creek will require six feet of social distance between non-family members, institute sanitation measures such as washing hands using hand sanitizer, and regularly cleaning any high-touch surfaces, and prohibiting shaking hands.



Affirmation of Play

All Eagle Creek volunteers and parents must sign the following prior the start of season. Outside teams must sign 48 hours prior to arrive to Eagledale.

BY COMING TO Eagle Creek EACH DAY, YOU AFFIRM THAT:

- 1. You and anyone in your household do not have a fever of 100.4 degrees Fahrenheit or greater and that you and anyone in your household do not exhibit any relevant "COVID-19" symptoms*
- 2. To your knowledge, you have not been exposed to anyone who has tested positive for COVID-19 (unless you have self-quarantined for 14 days following that contact) or been exposed to anyone who has been tested and is awaiting test results; and*
- 3. If you have traveled within the United States outside your local area, you are following current CDC recommendations (requirements are constantly changing so please refer to <https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-in-the-us.html>) or more restrictive requirements of local authorities. If you travel outside of the United States, you will be required to self-quarantine/work remotely for 14 days following that travel. Until further notice, traveling outside of the United States is highly discouraged.*
- 4. Board members, players, coaches, umpires, families, and outside teams must adhere to the guidelines below.*

Guidelines Review

- I. Volunteers and Coaches will have a mandatory return play training with Safety Director prior to the start of season.
- II. Managers will have a mandatory meeting with parents/players to view guidelines prior to the start of the first practice.

Games and Practices

All players, coaches, and umpires will be required to sanitize hands before all practices and games by washing hands or taking other personal hygiene measures such as use of hand sanitizer (alternative personal hygiene measure such as hand sanitizer will be provided by Eagle Creek).

COACHES

I. Coaches will observe six feet of social distance while coaching.

II. Coaches will maintain social distancing and wear facial coverings during games and practices if the approach to a player is warranted. (While in Phase One, Two, Three and Four)

Players

I. Every player will remain within a designated player area that is at least six feet from any other person. All designated player areas will be marked by a cone or other material and will be located outside of the field of play along left field and right field lines with the exception of the batter and player on deck. The player on deck will remain in the dugout until his/her turn at bat. Dugouts will not be occupied by full teams. Players will be required line the foul line fences with gear or sit with family members.

III. Players are prohibited from sharing water bottles. Every player must have their own bottle. Players cannot share drinks with their teammates. Coaches cannot provide drinks for their teams.

IV. Any player that is sick must stay at home. Coaches can remove a player from practice or a game due to illness. Coaches must contact officer of day or board member prior to removal.

V. Players can wear a mask if a parent wants their child to wear a mask.

VI. No Pregame or Post Game snacks from Parents or Coaches

VII. No after game handshakes. Each team will line at their dugout and just a simple: Good Game Bulls or Good Game Panthers.

VIII. Players must wash their hands or use hand sanitizer before/after practice and a game. Coach will oversee players' actions before and after practice.

UMPIRES

I. Umpires may be located in the field of play within 6' of players.

II. Umpires will wash or sanitize hands before handling baseballs

- III. Umpires will call balls and strikes behind the pitcher mound, and may assume position behind catcher provided a family member does not object.
- IV. Umpires will use baseballs with home teams and a separate baseballs for visiting teams.

Equipment

- I. Coaches will attempt to sanitize bats and any other equipment between users.
- II. Coaches must clean Eagle Creek's equipment after every game. Catchers on teams will keep their specific gear with them and it will not be shared. For example with coaches: disinfect the bats, helmets.
- III. The coaching staff will ensure that shared catchers gear will be sanitized between users by spraying the shin guards, chest protector, and helmet with a diluted bleach solution or wiping that equipment with a disinfectant if a necessary sharing moment occurs.
- IV. Each player will use his or her own helmet or Eagle Creek will assign a helmet for use during the entire season.

PARENTS AND FAMILIES

- I. The bleachers will be closed to spectators. Seating will be located around the perimeter of the field outside of the fence, with personal lawn chairs. Spectators are expected to remain at least six feet between one another. Families may sit together provided the family observes six feet of social distance between the family and others.
- II. Family members at high-risk for severe illness from COVID-19 should avoid attending practices and games.
- III. Everyone will be expected to maintain at least six feet of social distance from other individuals at all times.

Restrooms

- I. Restrooms will be checked, cleaned and disinfected weekly, or more frequently if needed. Issues must be reported. If a Covid case is reported, Eagle Creek Little League will request cleaning service wash down stalls.

Concessions (Concessions may not occur in 2021 season, and food trucks may be used on busy weekends)

- I. Concession stand will be opened for prepackaged food and bottled drinks only. Will serve hot food if approved from League Officials and Local Restrictions.
- II. Concession Officer of Day will check temperature with a no contact thermometer
- III. Concession stand must have three volunteers. Concession will remain close until we have three volunteers. All volunteer will have temp check prior the shift about Concession stand officer of the day.
- IV. Two volunteers for food handling and one volunteer for cash handling.
- V. All concession volunteers must wear masks.
- VI. All volunteers must wear gloves and change gloves every hour.
- VII. Cash Register volunteer is prohibited from handling food.
- VIII. Clean the concessions every hour (Sanitizers counter tops inside and outside the concession stand.
- IX. Volunteer must wash their hand or use hand sanitizer prior to entering concession. Volunteers must wash their hand every 20 minutes.
- X. Volunteers cannot help in concession if they are sick. Concession officer of the Day can remove a volunteer if they are sick.
- XI. Concession Officer of the Day is responsible for volunteers following the concession new guidelines

Suspected Case of COVID-19

Suspected Cases of COVID-19 Follow the Marion County Health Department flow chart which outlines the appropriate actions in cases of suspected COVID-19. If a coach notices a player who appears to be sick, the coach is expected to follow the Marion County flow chart and inform the following persons:

- A. Head coach
- B. League President
- C. Safety Director
- D. Player's parent/Guardian

Eagle Creek Little League Return to Play guidelines are being put in place as preventative measures intended to reduce the spread of COVID-19; however, Eagle Creek cannot guarantee that you or your child (ren) will not become infected with COVID-19.

STAY AT HOME IF YOU HAVE SYMPTOMS

According to the CDC, ISDH, and the Marion County Public Health Department, any individual with the following symptoms or combinations of symptoms should stay at home:

- Cough
- Shortness of breath or difficulty breathing
- *Or at least two of these symptoms:*
 - Fever
 - Chills
 - Repeated shaking with chills
 - Muscle pain
 - Headache
 - Sore throat
 - New loss of taste or smell

➤ ***What should you do if you think you may have COVID-19?***

- If you think you may have been exposed to COVID-19 and develop symptoms, such as a cough or difficulty breathing, call a healthcare provider for medical advice.
- If you do not have a medical provider, you can access free coronavirus screenings online.
- The CDC website offers a Coronavirus Self-Checker that can help you decide if you need to seek medical care. Please visit the following link: [Coronavirus Self-Checker](#). Please call the Marion County Public Health Department's COVID-19 call center at (317) 221-5500 if you need more guidance.
- Do not visit an emergency room unless it is a medical emergency, such as difficulty breathing. Call ahead of time when planning to see a medical provider of any type.

➤ ***What should I do if I have been in close contact with somebody who is confirmed to have COVID-19, but I am not having any symptoms?***

- Close contact is defined as being within approximately 6 feet (2 meters) of a person who has COVID-19 for longer than 10 minutes. If this applies to you, you should stay at home or in a comparable setting for 14 days after the last contact with the individual who has COVID-19.
- You should monitor for any symptoms, such as a fever, cough, or shortness of breath during that 14-day period.
- Practice social distancing, meaning remain out of congregate settings, avoid mass gatherings, and maintain distance (approximately 6 feet or 2 meters) from others as much as possible.

